The Issues of University Students’ Acquisition of Knowledge and Skill in Cooking and Clothing Production in Home Economics

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Abstract

The present study aimed to verify the efficacy of experiential learning activities in home economics education by surveying university students, analyzing their familiarity with knowledge and skills, and clarifying other related issues.

It was found that practical classes previously provided during home economics learning experiences such as cooking and sewing, left a strong impression on students. However, sewing classes generated a strong sense of aversion, and provided little familiarity with basic skills. The present findings indicate the need for revised teaching to facilitate the acquisition of basic skills and knowledge during limited class hours and to instill the desire to apply these skills.

Key words; home economics education, knowledge and skill, university students